



LA VISTA BREAKFAST MENU

--- Fresh Fruit Juice ---

We blend Pineapple, Orange, Ginger and tropical juices as our base, then add seasonal fresh fruits and strawberries, Blend it all up. A great start to the day.

--- Fruit Salad, Muesli and/or Toast ---

All the seasonal fruits, mixed with pure honey. If you like add organic lemon myrtle and macadamia yoghurt and LSA. (Mix of crushed linseed, sunflower and almonds).

The **muesli mix** is from local Brooke farm and is all roasted with peaches, macadamia nuts, assorted grains and other dried fruits.

--- Gourmet Cooked Breakfast, \$10 per person ---

Famous La Vista Omelette

Our famous La Vista omelet combines organic local eggs, three cheeses, pesto and parsley with the option to include mushrooms and/or tomatoes and/or bacon.

Two Eggs on toast

Scrambled, Fired or Poached all served with local Bangalow bacon.

Eggs Benedict

Served with ham or smoked salmon

Mushrooms on toast

Cooked with garlic, balsamic, worcestshire, wine and chicken stock.

French toast

Using white cabiatta loaf, served with organic Canadian maple syrup.

--- Sides ---

Bacon

Grilled Tomatoes

Mushrooms

Avocado

BEVERAGES

Coffee - Nashua coffee locally and organically grown, sundried and roasted weekly.

Teas - English breakfast, Chamomile, Chai, Herbal, Peppermint, Green, Earle Grey.